

Andy Workout

READY,
SET,
SWEAT!!



Come work up a sweat
and have some fun with
your favorite GPS Choir
choreographer

Andy Haines!

Can you survive an Andy
workout???

Time: 9:30-10:15 am

Date: Saturday
October 21st

Location: South MPR

Bring your water bottle!

Join us for a post workout "cool
down" with mimosas & pastries
from 10:30 am - 12 noon at

The Thams House
187 Stephens
Grosse Pointe Farms

*\$25 per person

Pay online at gpsouthchoir.org
or drop payment to
Elizabeth Connors at
4 Stratford Place, GP City

*Proceeds to benefit
GPS Choir Boosters

