

## **2019/2020 GPS Choir Hair–Do**

### **Tools Needed:**

Rat-tail comb, brush, hairspray, roller pins, bobbie pins, 1 regular hairband, 1 clear plastic band, Squirrel, and Rhinestone barrette

### **Start with clean and well-brushed hair**

1) With the tail of the rat-tail comb, make a horizontal part from the back of one ear to the back of the other ear--- it's like drawing a line over the top of your head from ear to ear

- Gather the hair in front of the part and either hand it to your person to hold if doing someone else's hair, or clip/band it together if your doing your own hair to keep it separate from back section while you do next step.

2) Brush back section up into a high pony tail that sits towards the back of the top of your head (the top of your head is called the crown) you want the pony tail to sit at the back of the crown.

3) Make the ponytail into a bun by twirling the hair as you twist the hair around the base of the ponytail. Use roller pins or long bobbie pins to secure.

- If you criss cross the pins it will be more secure. You should need more than 2-4 pins to secure the bun.

### **Now you will work on the middle and front section:**

4) With the tail of the rattail comb, make a horizontal part from the front of one ear to the front of the other ear.

- The hair that is in front of the part will become the front sweep—but not yet. Give the front hair to your person to hold or clip/band it to keep it out of your way.

5) Gather the hair that is behind the part in one hand and hold it up—you may want to spray it from behind with hair spray to give it some texture—then back-comb the hair that you are holding up.

- You back-comb from the back by putting the comb into the hair about 2/3 inches above where it connects to your head and comb downward quickly and repeatedly. This causes the hair to become “ratted”—bunched together so it creates some volume.

6) Once the middle section of hair is ratted, hold the hair loosely and gently smooth it from the front, then put the tiny clear rubber band in so you’ve made a loose ponytail in front of the bun.

- Secure loose pony with 2 pins hooked into clear band, snugged up against bun, and criss crossed going in pointed away from the bun.
- When you look in the mirror, your hair should be a nice rounded shape, not flat.

**Now you make the front side sweep:**

7) With the rat tail comb, make a part on the far left (put your left hand over your left eye and draw the part) to create two sections— the large section gets swept to the left, around the side, over the top of your ear and secured just under the bun.

- If you have long hair, just wrap the ends around the bun and secure with 2/3 pins.
- You may need to use rat-tail to lift the middle rounded section and make the shape nice.
- Spray Hair before you attach the Squirrel. **Finishing steps:**

8) Attach Squirrel with the claw in a horizontal direction over the bun.

- If you look straight ahead into the mirror, you should see about a half moon- like amount of the Squirrel peeking up over the top of your head. This will frame your face nicely.
- If you want, you can secure the Squirrel further with 2/3 pins put through the mesh of the squirrel into your hair.

9) Use small pins the same color as your hair to pin a few of the Squirrel curls down so the bun is completely hidden.

10) Last, put your rhinestone stone barrette in horizontally, below the Squirrel, low enough that it can be seen from the back.

**2019/2020 GPS Choir REQUIRED Hair & Makeup Supplies for Girls Kit  
Delivery and Hair/Make-up Workshop Date:**

A day for each group between September 26<sup>th</sup> – October 4<sup>th</sup> will be scheduled for delivery of supplies and Hair/Make-up Workshop. Scheduled time will be directly after school gets out.

**GPSC Starter Kit (supplies) for girls *new* to the choir program  
includes:**

*\*\*\*We order the below items (the Kit) for your student*

- Eye shadow palette and applicator brushes \$15.00
- False eyelashes (*No charge this year due to generous donation!*)
- Blush: Clinique, Totally Tawny or Chestnut \$25.00
- Blush Brush, Ecotools \$5.00
- Lip color: Sephora \$14.00
- Rhinestone Barrette \$6.00
- Rhinestone Earrings \$7.00
- Hairpiece: AKA “The Squirrel” \$10.00
- Tights: Capezio Stretch and Hold \$13.00

**Total Kit Cost = \$95.00** \*\*\*students will attend delivery day to pick-up their Kits

and participate in a Hair/Make-up Workshop.

### **Additional items your student will need to be performance ready**

**for the first show of the year, Fall Follies:** \*\*\*Students must bring the below items to the delivery day/Hair and Make-up Workshop. They will need these items to participate and learn how to do their hair and make-up.

#### **Make-up:**

- Liquid foundation
- Translucent powder
- Black mascara
- Black eyeliner (felt-tip liner works well)
- Eyelash glue

#### **Hair:**

- *Big Sexy Hair* brand hair spray **\*\*Note:** Whatever brand of hair spray you purchase, for best results make sure that water is not the first ingredient.
- Rat-tail comb
- Hair brush
- Regular bobby pins (please match your hair color)

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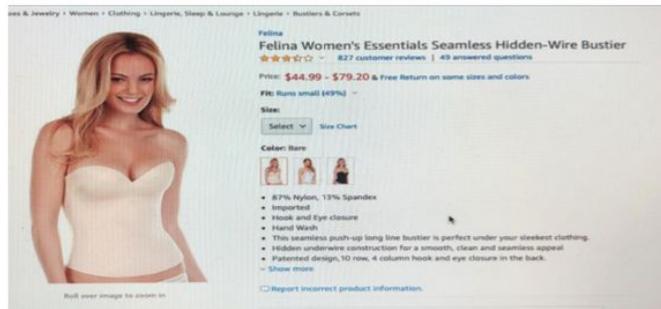
- Big roller pins (these are long, thick , flat bobby pins)
- 1 regular hair bands (for each performance)
- 1 tiny clear rubber band (for each performance)

**Deodorant! Deodorant! Deodorant!** Best to have extra deodorant in your backpack or caboodle. Girls must reapply often to avoid unpleasant body odor when rehearsing and performing.

**Tan 2" Heel Character Shoes:** Required for South Singer & Sounds of South Women . May be purchased locally at Fancy Dancers or online.

**Long Line Bra: \*\*\*\*All Girls\*\*\*\*\*** must wear a long line bra under their costumes. It is the proper undergarment for costume fit, creates a polished look, and provides coverage for the girls when private changing areas are not available.

**(Amazon.com) Felina Longline Smooth** is a good one. Please purchase whatever brand you prefer in natural color without exterior ribbing/bones. \*\*\*See *photo example*.



**Rhinestone Earrings Note:**

Earrings are purchased as part of the Kit when your student enters choir. We will provide new earrings when a performer changes groups. We will replace earrings if they break. Girls must buy replacements if they lose their earrings.

**Please contact me (Dana Constand) or Mr. Pratt** if a payment plan would be helpful. Your request will be confidential. We fully appreciate that back to school costs add up quickly and do not want any of our choir family to experience stress over paying for these supplies.

**Please feel free to call, text or email me with any questions that you have about supplies, hair, make-up or general questions about being in the GPS Choir:** Dana Constand (313) 878-5252 or [constandgpschoir@gmail.com](mailto:constandgpschoir@gmail.com)

Makeup Map

**Makeup Map**

1) Coat your entire face with your Foundation/Base makeup. Use your finger tips to apply and blend it into your skin, including your eyelids, under-eyes and lips. This should be a light coating and evenly applied. You may use makeup sponges to apply and blend if you prefer. I prefer my finger tips. This creates an even colored surface to then apply eyeshadow and blush.

2) Use the small rounded eyeshadow brush (included in kit) to brush medium matte color on over entire eyelid all the way up to your browline.

3) Next, use the angled eyeshadow brush (included in kit) to brush the darkest shade on your palette into your eyelid crease and a little above following the shape of your eyelid. Use sufficient shadow so the dark is very noticeable.

4) Use the rounded eyeshadow brush again to brush the lightest matte shadow on your palette along your browline and a touch in the inner corner of your eyelid.

5) Use your eyeliner (pencil or liquid) and outline your lower eye line underneath your lower eyelashes from the inner corner to the outer corner.

6) Put your false eyelashes on using eyelash glue (many of the girls are really good at putting these on (Elaina, Mary, Isabel are just a few of the girls that you can ask for help)

After you have your false eyelashes on, apply eyeliner (liquid is easiest) along the upper eyelash line to conceal the place where the eyelashes are applied and complete your eye makeup.

7) Load large blush brush (included in kit) well with blush. You may need to scruff the pigment in the container up a bit to loosen it up and get enough on the brush because it's new.

Brush from the apple of your cheek upward following your cheek bone all the way up just above your temple. The concentration of color should be from the apple of your cheek up along your cheek bone and lighten as you brush up by the temple and above to blend.

8) Use your gel lip liner to outline your lips and then to fill in your lips. The gel liner is your "lipstick"

Apple

